

Term 4 Newsletter 17    1<sup>st</sup> November 2023

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Office hours: 8.00am to 4.00pm

 [Djidi Djidi Aboriginal School](#)Email: [djidadjidi.as@education.wa.edu.au](mailto:djidadjidi.as@education.wa.edu.au)Web: [www.djidadjidiaboriginalschool.wa.edu.au](http://www.djidadjidiaboriginalschool.wa.edu.au)**October/November is Kambarang season****(This season is dryer with less rain)**

Kaya Families,

Week 4 at Djidi Djidi sees Yongka Class assembly with the theme of Curiosity. Curiosity has been taught across the school as a character strength and the students have loved the theme. The minds of our children are bright, informative and curious leading to strong connections and engagement with learning.

Djidi Djidi welcomed important guests last Friday to our school. Hon. Dr. Tony Buti MLA, Minister for Education and Minister for Aboriginal Affairs, Hon Don Punch MLA, and Mrs Sue Cuneo, Director of Education Southwest visited Djidi Djidi and were impressed with the students and the school. Students, Noah Blurton and George White were our tour guides, and they displayed a wealth of knowledge about our school and the learning programmes.

The Dental Van is onsite and working through all our students to check dental hygiene and support families with any dental needs.

Teachers are working hard to complete assessments to report on students' achievement for the year. Attendance is important to ensure learning until the last day and ensure every opportunity for growth and development.

This Friday sees some of our students attending the Wattle Interschool Sports Carnival at River Valley PS. I know we are well represented, and I know our students will give it their very best. Good luck to all participants.

Boorda

Karen Augustson

**2023 - CALENDAR OF EVENTS**

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Term 4 4</b>	30 October	31	1 November Yongka Class Assembly 1:45pm	2	3 Wattle Interschool Carnival @ River Valley PS
<b>5</b>	6	7	8	9	10
<b>6</b>	13	14	15	16	17
<b>7</b>	20	21	22 K/PP Excursion to Dolphin DC	23	24 White Ribbon Day!

## KINDILINK NEWS

Kaya families...dinosaurs are roaming!!! they have been very messy hiding in gloop, ice and sand. So, we decided we had better feed them, and we made some dinosaur food. Our potatoes were ready to dig up and WOW! we had so many and got to enjoy some yummy home-made potato chips. We also made some Delicious Dinosaur Dessert.

KindiLink is on every Monday and Tuesday from 9am to 12pm during a school term. If you have a child who is up to 3 ½ years old, they are able to come to KindiLink. We hope to see some new families come along and enjoy the morning with us.



Kind regards  
Sharen and Tracy

## CHECKING SCHOOLBAGS

Due to the number of notes/letters going home in Term 4, can you please check your children's bags on a regular basis to make sure you are receiving notes sent home and kept up to date with things going on in the school and classrooms. Children are often forgetful and do not always remember to give you the notes when they get home from school.

## WATTLE INTERSCHOOL CARNIVAL

The Wattle Interschool Carnival will be held at Yarloop Primary School on Friday 3<sup>rd</sup> November. If your child has been selected to represent Djidi Djidi they will bring home an excursion permission note. This will need to be signed and returned with \$5.00 for transport costs by 2<sup>nd</sup> November. **Please make sure if your child is going that they have their recess, lunch and a water bottle to take on the day.**

## CHARACTER STRENGTH

This last fortnight, our students have been learning about the character strength of **Curiosity**.

Curiosity is taking an interest in finding out more about people, places, things and ideas.



## HATS AND WATER BOTTLES

Remember during Term 4 with the warmer weather we have a 'YES HAT, YES PLAY' policy, so please make sure your child/ren have their hat and water bottle daily.



## PROMOTING HEALTHY RECESS/LUNCH BOXES

Healthy Choices guide lines use a 'traffic light system' to categorise foods and drinks into three groups.



### GREEN (Best choices)

Food and drinks in the GREEN category are the healthiest choices. They are usually:

- Good sources of important nutrients.
- Lower in saturated fat, added sugar and/or salt.
- Lower in energy (kilojoules).
- Higher in fibre.

GREEN foods and drinks should always be available, and they should be promoted as the best choices.

### AMBER (Choose carefully)

AMBER foods and drinks should be selected carefully and eaten in moderation. Although AMBER items may provide some good nutrients they can:

- Lead you to take in too much energy (kilojoules).
- Contain saturated fat, added sugar and/or salt.

AMBER foods and drinks may be offered but should not dominate. They should not be promoted over GREEN choices.

### RED (Limit)

Food and drinks in the RED category are not essential. If they are consumed too often, or in large amounts, they can lead to weight gain and chronic diseases.

In general, RED choices are:

- High in energy (kilojoules).
- High in saturated fat, added sugar and/or salt
- Low in important nutrients such as fibre.
- RED foods and drinks should be consumed rarely and in small amounts.

Visit the website: [heas.health.vic.gov.au](https://heas.health.vic.gov.au) for some yummy recipes and healthy lunchbox ideas.

## VARIETY WA EDUKIDS

Variety WA's EduKids program will see at least 160 schools receive grants. Variety CEO Chris Chatterton has hit the road on the Drive for Change tour to present giant cheques to some of our public schools most in need. His first 5-day journey will cover over 2,100 kilometres, from Kalgoorlie to Mount Barker to Bungaree. Future trips in November will see Chris travel to a range of schools from Broome to Marble Bar to Meekatharra. Djidi Djidi was very lucky to have received a grant for \$1500 towards leavers shirts for 2024. This will substantially reduce the cost for our year 6 students in 2024.

